Cytologic Findings of Urogenital Mesenteric Cyst

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Abstract
Mesenteric cysts are heterogeneous groups of lesions. Most of them are developmental cysts of lymphatic and enteric origin or cystic neoplasm such as mesothelioma or cystic teratoma. Urogenital cysts are a subcategory of developmental cysts of the mesentry. They are thought to arise from vestigial remnants of urogenital apparatus. These cysts may show evidence of mesonephric or metanephric differentiation.

An 11-year-old boy was presented with undescended testis. During preoperative work-up, an incidental cystic lesion was discovered which was attached to the ileum. Aspiration cytology of the cyst content revealed cuboidal to columnar cells; some of them were ciliated. Histologic examination showed a cyst with fibromuscular wall, lined by Mullerian type ciliated epithelium; so the diagnosis of urogenital mesenteric cyst of Mullerian type was made.

Urogenital cysts are rare lesions, but they should be considered in differential diagnosis of any cystic lesion of the mesentery. Cytology could be a useful method for evaluation and revealing the nature of these cysts.

Keywords: Aspiration cytology, Mullerian cyst, urogenital mesenteric cyst

Case Report

The patient was an 11-year-old boy who referred to the Urology Department of Faghihi Hospital affiliated to Shiraz University of Medical Sciences, with the chief complaint of left undescended testis. During the preoperative work-up, an incidental cystic lesion was discovered which was attached to the ileum. Aspiration cytology of the cyst content revealed cuboidal to columnar cells; some of them were ciliated. Histologic examination showed a cyst with fibromuscular wall, lined by Mullerian type ciliated epithelium; so the diagnosis of urogenital mesenteric cyst of Mullerian type was made.

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Introduction
Mesenteric cyst was first described by an Italian anatomist, Benevieni in 1507. The incidence of the lesion is about 1/100000 in adults and 1/20000 in children. Males and females are equally affected. They are heterogeneous groups of lesions. Most of them are developmental cysts of lymphatic and enteric origin or cystic neoplasm such as mesothelioma or cystic teratoma.

Urogenital cysts are a subcategory of developmental cysts of the mesentery. They are thought to arise from vestigial remnants of urogenital apparatus. We report the cytologic and histologic findings in a rare case of urogenital mesenteric cyst of Mullerian type.

Case Report

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Mesenteric cysts are rare benign lesions that are categorized into four etiology groups: embryonic and developmental, neoplastic, traumatic and acquired, infective, and degenerative. Developmental cysts of the mesentery comprise heterogeneous groups of lesions. They can be grouped into three categories: lymphatic, enteric, and urogenital cysts. Urogenital cysts are derived from remnants of embryonic urogenital apparatus. Other possible mechanism is differentiation of celomic epithelium or peritoneum into tubal type epithelium.

Urogenital cysts are further subdivided into pronephric, metanephric, Mullerian, and mesonephric variants based on their histology and anatomic location. The patient with mesenteric cysts may be asymptomatic, or present with abdominal pain and distension or complications such as torsion, rupture, hemorrhage, and infections. These cysts may be unilocular or multilocular. Cysts are commonly located within the mesentry of ileum, followed by omentum, mesocolon, and retroperitoneum. Mullerian cyst was thought to occur exclusively in male patients and it’s location...
paralleling the anatomic course of Mullerian duct, i.e. spermatic cord, posterior to bladder and prostate but few cases of Mullerian cysts were reported in female patients too. The main differential diagnoses of mesenteric cysts are with cystic mesothelioma and cystic lymphangioma. Cystic mesothelioma has a mesothelial lining without cilia and cystic lymphangioma is lined by a flat and fusiform layer of endothelial cells. Duplication anomalies (enterogenous cysts) are also considered in
differential diagnosis of the mesenteric cysts. They are lined by intestinal type epithelium and a well-defined muscular wall contains neural elements.\textsuperscript{9} Traumatic cysts may also occur which do not have epithelial lining.\textsuperscript{9}

Surgical resection is the mainstay of treatment for mesenteric cysts. Enucleation or a segmental bowel resection in cases where the cyst is adherent to the bowel are recommended procedures of surgery.\textsuperscript{8–10}

In conclusion, urogenital cysts should be considered in differential diagnosis of any cystic lesion of the mesentery. Cytology could be a useful method for evaluation and revealing the nature of these cysts.

References